

THE POWER OF HEALTHY LIVING

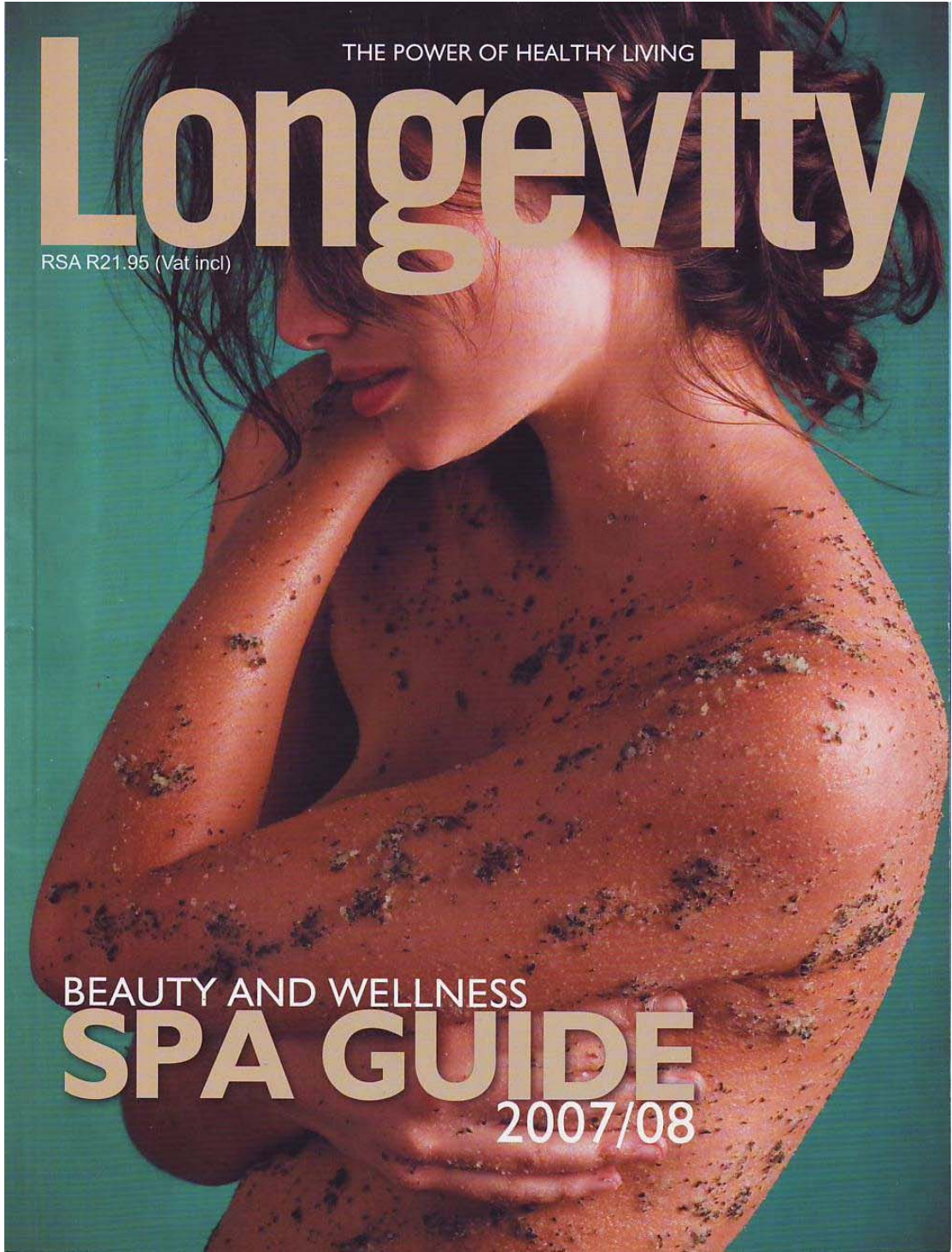
Longevity

RSA R21.95 (Vat incl)

BEAUTY AND WELLNESS

SPA GUIDE

2007/08



SUMMERFIELDS ROSE SPA Destination Spa

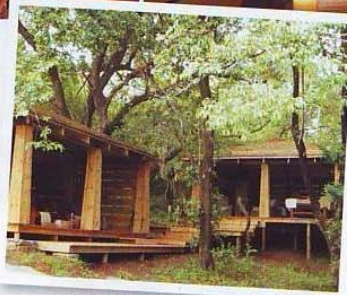


Perhaps it's a fusion of African sensibilities and the old world rose from which Summerfields Lodge & Rose Spa derives its intriguing charm. Or is it the bygone romance defined by percale linen in a tented suite? If not that, then the fact that you may take a treatment in a spa pavilion set beside the Sabie River within the fragrant reverence of a sub-tropical forest?

Nestled in a secluded valley near Hazyview, Mpumalanga, newly opened Summerfields River Lodge & Rose Spa contains all the elements for the ultimate getaway.

The healing Spa boasts a variety of signature treatments in its river-side pavilions as well as a unique outdoor hydrotherapy meander and rose quartz steam shower, reached by a hydro walk. In its skin and body treatments, Summerfields uses Thalgo, the prestigious French spa beauty and wellness range.

After your treatment, you may wish



Spa details

• **Facilities:** Steam room also used as a Rasul chamber; outdoor swimming pool; outdoor hydro bath; hydro meander; airport transfers; air strip; five-star accommodation; a la carte restaurant.

• **Signature treatment:** Full body rose and salt scrub followed by full body massage with macadamia oil and finished off with a relaxing foot treatment.

• **SAAHSP accreditation; CIDESCO qualifications; ITEC and BTEC accreditation**

Summerfields

River Lodge & Rose Spa

to soak in the infinity pool or simply read in the open-air lounge where you may also take breakfast or lunch.

Several packages to Summerfields include day visits and longer stays, while you can also escape the stress of an exhausting work schedule by being whisked off celebrity-style in the luxury of Summerfields' own private aircraft.

At Summerfields Lodge & Rose Spa you may literally want to stop and smell the roses. 🌹

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